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ASKABIGAIL

Newsletter

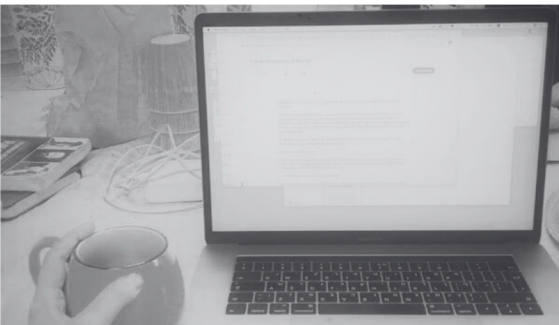
REFLECTIONS ON HISTORY AND KNOWLEDGE

Dear friends,

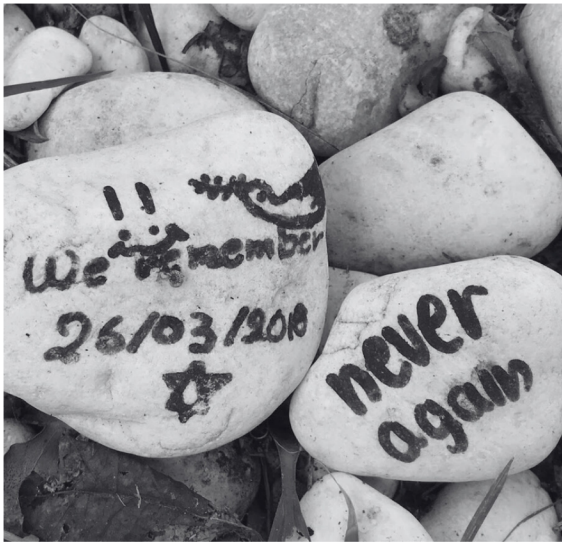
This newsletter is dedicated to my teachers. In Hebrew, the word for teacher is 'Rav' or 'Rabbi.' Our first teachers are always our parents.



My teacher, Yehudis Golshevsky, has explained that according to the Rabbis of the Talmud, the fifth commandment, which says "Thou shalt honour thy father and mother!", is considered to be the most challenging of all the commandments to fulfill. I shared her insights in a recent blog, '[Honouring One's Parents](#).'



I also use the internet, radio, and newspapers to stay informed. However, with overwhelming information available, processing everything can be challenging. In '[Navigating Information Overload Amidst COVID-19](#),' I explain my approach to tackling this challenge.



Rabbi Lord Jonathan Sacks (Z'L) passed away suddenly on November 7th of this year. He pointed out that in Hebrew, there is no word for 'history.' The closest word is 'zachor,' which means 'to remember.' In '[Zachor: A Call to Remember and Learn from History](#),' I share several fascinating documentaries about the rise of Stalin and Hitler and China's current situation. These documentaries helped me appreciate the concept of 'zachor' - the importance of remembering.

The Rabbis of the Talmud had a wise saying that can still be applied today: "There is something to be learned from everyone." They expressed it as "Mikol melamdai hiskalti." For me, this means that I can learn from my colleagues, friends, neighbours, and even from you, dear reader.

Stay safe and enjoy the winter holiday season wherever you may be.

Abigail